



**SALISBURY YOUTH ASSOCIATION  
WRESTLING SIGN-UPS**

**TUESDAY OCT 13<sup>th</sup> 6:00PM-7:30PM at Laubach Park**

**THURSDAY OCT 15<sup>th</sup> 6:00PM-7:30PM at Laubach Park**

**MONDAY OCT 19<sup>th</sup> 6:00PM-7:30PM at Laubach Park**

I am excited about this upcoming wrestling season and my role as Wrestling Director. I am reaching out to the community to spark interest in the forgotten sport. The new coaching staff is psyched and ready to teach your kids the first Olympic sport.

There have been a few rule changes to ensure kids are wrestling others at their own level of experience. Practices are open for you to observe.

If you have any questions, feel free to contact me.

Chris Trengue

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